

Rockland Council on Aging

317 Plain St Rockland, Ma.

Secretaries Report

Wednesday April 8, 2015

With a quorum present Chairperson Beverly Ladner called the meeting to order at 9:30.

Roll Call: Audrey Ryan, Lorraine Ahern, Jean Callahan Chris Kelly, Eleanor Cole, Cynda Childs and Jack Conway and alternate John Rogers. Excused: Lu Crowley, Peter Stonis, and Patti Penney.

Old Colony Elder Services: Agnes Smith reported that the grant for \$26,000.00 which formerly went to Mayflower has now been given to OCES which is planning an expansion on South Meadow Road in Plymouth, Ma.

- Agnes also reported on a new outreach Program called PNC or Plymouth Networking Group.

Plymouth Networking Group (PNG) is a community service organization made up of professionals working in senior-citizen-related fields. We are dedicated to promoting the health, safety, and well-being of the senior citizens of Plymouth County by presenting and supporting events and programs throughout the area.

PNG membership and events are open to everyone.

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- The Golden Ages is sponsoring a bus trip on April 20th, 2015 to the Paul Revere House in Boston along with lunch at an Italian Restaurant. Cost is \$32.00

Old Colony Planning Council: Rita Howes reported that the meeting of OCPC on March 26th, 2015 focused on the “transportation needs/availability” for seniors. The OCPC services 23 towns and deals with the services and needs of over 4,000 seniors in Rockland alone. Currently transportation is one of the largest unmet needs of many seniors.

- There are several formula grants available to those who meet the criteria.
- Rita reported that Area Administrator Patrick Hamilton will be visiting the Rockland Senior Center on May 8th of this year.

Approval of Minutes from previous meeting / Secretaries Report: A motion was made by Lorraine Ahern to accept the report as read, seconded by Chris Kelly and the vote was unanimous.

Financial Report: A motion was made by Audrey Ryan to accept the report as read, seconded by Jack Conway; the vote was unanimous. Current balance: \$53,998.95.

- At the Town Meeting the Finance Committee voted to transfer \$6,000.00 to the Sundries/Supply Account to offset the cost.

Warrant Report: The Bill Warrant was duly signed by all members present.

Outreach Report: A motion was made by Audrey Ryan and 2nd by John Rogers to accept the report as written and presented.

- A card and plant were sent to Outreach Coordinator Eleanor Murphy by the COA in sympathy on the loss of her mother.
- The Pen Pal Program with seniors and 4th grade students at the Memorial Park School has been a big hit with both the students and the seniors. There is a plan to invite the students and the seniors for a gathering and serve light refreshments.

Director's Report: The motion was made by Audrey Ryan to accept the report as presented, seconded by Eleanor Cole.

- There will be a discussion on “Organic Gardening” at the center on Thursday April 23, 2015 @ 6:30. Pam Titus will discuss both vegetables and flower gardening.
- Currently the dates for the “Senior Olympics” will be October 5th – October 8th, 2015. There are plans for competition in the following areas: bowling, bocci, horse shoes, walking etc. There will be T-Shirts given out with a reception to follow. The suggestion donation will be \$15.00 plus extra for those bowling.
- The heating panel was recently repaired under the warranty.
- New shades for the cafeteria windows were donated by the Men’s Club and the Golden Ages.
- Monday April 13, 2015 the senior center will be having “Red Sox Opening Day” @ 1:00. There is a generous menu of hot dogs, hamburgers, fried dough, peanuts, potato salad etc. along with a sing-a-long. The game will be shown on the big screen starting at 3:00PM.
- A donor who would like to remain anonymous donated several gift cards for Stop and Shop.
- The finance Committee approved 16 additional hours for the transportation van. Currently transportation is one of the largest unmet needs of seniors.
- The crack in the kitchen floor of the center was repaired.
- The attendance at the new center continues to have doubled from previous years. New people coming in has tripled.
- During the winter the bingo program saw a decrease in attendance. With the snow melting away the program is getting back to normal.
- The senior center had a “Rockland Candidates Night” for residents with attendance of nearly 80 residents.
- The Director is currently working with town employees to have a Zumba exercise class one night a week.

As there was no further business to come before the Council a motion was made by Lorraine Ahern and 2nd by John Rogers to adjourn at 10:10 AM, the vote was unanimous.

Next meeting May 13, 2015 @ 9:30 AM

Respectfully Submitted,

Lorraine Ahern
Secretary COA
April 8, 2015